



INFORMATION ABOUT TATTOO CARE

For optimal healing of your tattoo, please adhere to the following recommendations;

1. **Cleanliness** If your tattoo is covered with transparent tape, gently remove it after the recommended duration (typically 5 days). The tape protects your tattoo during this time. If no tape is used, remove any plastic wrap after a few hours as instructed by your tattoo artist.
After removing the tape or wrap, wash your tattoo gently with clean water and antibacterial soap. Ensure your hands are clean. Avoid scrubbing the tattooed area for the specified time (usually 2 weeks); instead, clean it gently.
2. **Drying** After washing, pat your tattoo dry. Avoid rubbing to prevent irritation and excess moisture, which can promote bacterial growth.
3. **Moisturize** During the healing period, apply a thin layer of tattoo cream recommended by your artist. This helps prevent your tattoo from drying out. Follow your artist's instructions for moisturizing frequency (typically three times a day for two weeks).
4. **Scabbing and Itching** It's normal for your tattoo to scab and itch as it heals. Avoid scratching or rubbing the tattoo, as this can damage the healing skin and affect the tattoo's appearance. It may also increase the risk of infection.
5. **Sun Protection** Keep your healing tattoo out of direct sunlight. Sunburn can damage your tattoo's color and quality. Protect it by keeping it shaded and covered with clothing. After healing, always apply sunscreen to maintain the tattoo's vibrancy.
6. **Exercise and Swimming** Avoid rigorous exercise, saunas, hot baths, and water activities like swimming for 3 weeks after getting your tattoo. These environments can increase the risk of infection.
7. **Symptoms to Monitor** Watch for excessive redness, swelling, pus, or unpleasant odor from your tattoo. These may indicate an infection. If you notice any of these symptoms, contact a doctor or your tattoo artist promptly.

Remember, everyone's healing process varies. If you have any concerns or notice unusual changes in your tattoo, seek medical advice immediately. Wishing you a smooth and healthy healing process!